



# Joshua Silverstein, MD

## LANGUAGES SPOKEN

English

## SPECIALTIES

Primary Care

## EDUCATION

Ross University School of Medicine  
Houston Healthcare System Program  
Stony Brook University

## PRACTICING SINCE

2021

## ASSOCIATIONS

American Board of Family Medicine  
American Academy of Family Physicians

## MY CENTER

### Orange Blossom Trail

4613 S. Orange Blossom Trail,  
Orlando, FL, 32839

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### About Joshua Silverstein, MD

Inspired by several family members, Dr. Joshua Silverstein knew at a young age that he wanted to work in healthcare. “I most enjoy the feeling of having positively impacted a person’s life and how they feel after,” he says. He strives to be approachable and wants patients to feel comfortable coming to him with any issues. “When you can help understand their life circumstances and share a piece of yourself and your life, they tend to see you less as ‘the great doctor’ and more as the person to whom they can turn to,” he explains.

In his free time, Dr. Silverstein enjoys going to the Disney parks, playing soccer, and listening to Broadway shows. He also likes tackling home improvement projects.