



Paras Shah, DO

LANGUAGES SPOKEN

English

SPECIALTIES

Primary Care

EDUCATION

University of New England College of
Osteopathic Medicine
Crozer Health Family Medicine
Residency
University of Connecticut

PRACTICING SINCE

2021

ASSOCIATIONS

American Academy of Family Physicians

MY CENTER

South Philadelphia

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About Paras Shah, DO

Dr. Paras Shah loves learning from his patients. He actively listens to them to better understand their goals. “I chose primary care because I believe a lot of the diseases that are so prevalent are preventative, and it starts with primary care to help empower patients to make long-lasting changes for the betterment of their health,” he explains. He is an advocate of “simplifying healthcare” and empowering patients to make their own decisions. To keep up with the latest medical advancements, he listens to podcasts and reads articles.

Dr. Shah is the son of Indian immigrants and has a twin brother who is also a physician. In his free time, he enjoys hiking, playing sports, and exploring local breweries and restaurants.