



# Arvin Esgandanian, MD, DABFM

## LANGUAGES SPOKEN

English

## SPECIALTIES

Primary Care

## EDUCATION

Medical University of The Americas  
Larkin Community Hospital  
University of Ottawa

## PRACTICING SINCE

2024

## ASSOCIATIONS

American Board of Family Physicians  
American Academy of Family Physicians

## MY CENTER

### Winter Park

4270 Aloma Avenue,  
Winter Park, FL, 32792

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**“Rather than only treating symptoms or specific diseases, I aims to treat my patients as a whole.”**

### About Arvin Esgandanian, MD, DABFM

For Dr. Arvin Esgandanian, the best part of working in healthcare is “talking to patients and getting to know them.” He explains that the best way to build a strong relationship with patients “is for them to get to know me and for me to get to know them.” Rather than only treating symptoms or specific diseases, he aims to treat his patients “as a whole.” If he could change anything about healthcare today, he “would make it so doctors have more time to spend with patients.”

When Dr. Esgandanian is not caring for patients, he can be found cycling or reading. “I love reading, and I’m constantly reading the newest articles on the American Academy of Family Physicians and elsewhere,” he explains.