



Omeche Idoko-Forrester, MD

LANGUAGES SPOKEN

English

SPECIALTIES

Primary Care

EDUCATION

Ross University School of Medicine
Virtua Family Medicine Residency
Montclair State University

ASSOCIATIONS

American Academy of Family Physicians
American Board of Family Medicine

“I believe in health advocacy and empowering my patients to achieve better health outcomes.”

About Omeche Idoko-Forrester, MD

Dr. Omeche Idoko-Forrester has always had an interest in science and medicine. “I enjoyed caring for sick family members and nursing them back to health,” she explains. She loves serving as each patient’s “greatest cheerleader.” She adds, “I believe in health advocacy and empowering my patients to achieve better health outcomes.” She loves building genuine connections with patients, explaining that she likes taking the time to listen to her patients’ health stories. “I share my personal health story to encourage and relate to my patient’s experiences,” she adds.

When not with patients, Dr. Idoko-Forrester can be found enjoying time with her husband, family, and friends. She also likes traveling, crocheting, and playing video games.

MY CENTER

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