



# Lester Rios Cabrera, MD

## LANGUAGES SPOKEN

English  
Spanish

## SPECIALTIES

Primary Care

## EDUCATION

Universidad de Ciencias Médicas de  
Sancti Spiritus  
The University of Texas Rio Grande  
Valley

## ASSOCIATIONS

American Board of Family Medicine  
American Academy of Family Medicine

**“I focus on the whole patient and improve their health while also focusing on their happiness and ensuring they feel comfortable coming in to the doctor’s office.”**

### About Lester Rios Cabrera, MD

Dr. Lester Rios Cabrera has “always wanted to help people improve their health.” Connecting with patients and improving their quality of life is his favorite part of his profession. He believes in individualized care and enjoys educating his patients. “I focus on the whole patient and improve their health while also focusing on their happiness and ensuring they feel comfortable coming in to the doctor’s office,” he explains. He especially enjoys caring for his senior patients. “It is extra rewarding to help them and see them improve their health and make them happy,” he says.

In his free time, Dr. Rios Cabrera enjoys cooking and restoring old furniture. He is also learning how to play piano and guitar.

## MY CENTER

### Skyline

4808 S BUCKNER BLVD,  
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