

"I place particular value on patient-centered care and preventive medicine."

About Alexandra van der Weyden, MD

Dr. Alexandra van der Weyden is dedicated to meeting patients "where they're at." She explains, "I place particular value on patient-centered care and preventive medicine." She is a proponent of "frequent visits and open communication." Her goal is helping patients "live their healthiest life." She explains, "Our healthcare system is confusing and overwhelming. Catering solely to seniors helps me to focus on their individuals needs, with special focus on quality of life." Her favorite part of her profession is "watching patients pridefully take their health into their own hands."

In her free time, Dr. van der Weyden loves bicycling, walking her dog and playing pickleball. She also enjoys working on jigsaw puzzles and word games.

Alexandra van der Weyden, MD

LANGUAGES SPOKEN

English French

SPECIALTIES

Primary Care

EDUCATION

Saba University School of Medicine Mount Sinai Hospital Queen's University

ASSOCIATIONS

American Board of Family Medicine American Academy of Family Physicians

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