



# Miguel Jurado, MD

## LANGUAGES SPOKEN

English

## SPECIALTIES

Primary Care

## EDUCATION

University of South Florida  
Baystate Medical Center, Tufts University  
Boston College

## ASSOCIATIONS

American Medical Association  
American College of Physicians

## MY CENTER

### Lake Forest Hills

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**“The best part of being a physician is seeing a patient's health improve.”**

### About Miguel Jurado, MD

An “interest in helping people using science-based skills” led Dr. Miguel Jurado to the medical field. For Dr. Jurado, the best part of being a physician is “seeing a patient’s health improve.” He likes getting to know his patients and understanding their concerns through “frequent, one-on-one visits.” He values early detection and disease prevention. He also emphasizes the importance of focusing on “whole health” through “quality relationships, proper sleep, healthy nutrition, and exercise.” He reads articles and attends seminars to keep up with new medical advancements.

In his free time, Dr. Jurado loves spending time with his kids and grandkids. He also enjoys jogging, swimming, and watching Star Wars and Marvel movies.