



**Dedicated Senior
Medical Center**
A CHENMED COMPANY

“I love the meaningful and deep relationship I developed with my patients.”

About Estefany Sanchez Mendez, MD

Dr. Estefany Sanchez Mendez’s interest in service and the human body, as well as witnessing her aunt’s devotion to her patients as a pulmonologist led her to pursue a career as a physician. “I love the meaningful and deep relationship I developed with my patients,” she says. She enjoys caring for the senior population and is a strong supporter of “comprehensive medication evaluation at each visit to prevent medication overuse.” She adds, “I like to listen and understand my patient’s concerns to get into a possible solution together as a team.” Mutual respect, transparency, and trust are key in her practice.

In her free time, Dr. Sanchez Mendez loves cooking and photographing landscapes. She also enjoys hosting family reunions.

Estefany Sanchez Mendez, MD

LANGUAGES SPOKEN

English
Spanish

SPECIALTIES

Primary Care

EDUCATION

Donald and Barbara Zucker School of Medicine at Hofstra/ Northwell Health System
Wyckoff Heights Medical Center
Universidad Iberoamericana

ASSOCIATIONS

American Board of Internal Medicine
American Geriatrics Society
American College of Physicians
American Medical Association
American Geriatrics Society

MY CENTER

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