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## About Vladimir Stefan, MD

Dr. Vladimir Stefan has always been fascinated by biology and the effect of aging and disease on the body. "I love meeting patients where they're at and helping them improve themselves in one way or another," he says. He strives to be honest and genuine with patients. "If you take the time to listen, most people have incredible stories to tell," he says. He is passionate about preventative care and likes helping patients understand their body and health conditions. He explains, "I am a firm believer in empowerment through education, motivation, and prevention of disease."

When not with patients, Dr. Stefan can be found reading, watching movies, or woodworking. He loves spending time in nature and enjoys visiting national parks.

# Vladimir Stefan, MD

## LANGUAGES SPOKEN

English Romanian

## **SPECIALTIES**

**Primary Care** 

## **EDUCATION**

Saba University School of Medicine Pontiac General Hospital University of Toronto

#### **ASSOCIATIONS**

American Academy of Family Physicians American Board of Family Medicine

## **MY CENTER**