

"I want to help them understand their issues and manage their health well."

## **About Haresh Kumar, MD**

Primary care physician Haresh Kumar is board certified in internal medicine. He focuses on prevention, timely diagnosis and treatment. He addresses his patients' concerns by listening, understanding their needs and developing care plans based on practical management strategies that achieve the best results.

"Many seniors have complicated and challenging health concerns," says Dr. Kumar. "I want to help them understand their issues and manage their health well."

Dr. Kumar is married and has three children. He enjoys watching television, surfing the internet and reading national and international newspapers. He also likes playing cricket and tennis, jogging and cycling.

# Haresh Kumar, MD

**Center Medical Director** 

## LANGUAGES SPOKEN

English Hindi Urdu Punjabi Sindhi

## **SPECIALTIES**

Primary Care

### **EDUCATION**

St. Barnabas Hospital Sindh Medical College Government Islamia Science College

### **ASSOCIATIONS**

American College of Physicians

#### **MY CENTER**

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