



Gillian Ashman-Reid, MD

LANGUAGES SPOKEN

English

SPECIALTIES

Primary Care

EDUCATION

Saba University School of Medicine
Rutgers Robert Wood Johnson Medical
School
State University of New York Health
Science Center
New York City College of Technology

ASSOCIATIONS

American Academy of Family Physicians

MY CENTER

Olney

5675 N. Front Street,
Philadelphia, PA, 19120

[\(267\) 428-6575](tel:(267)428-6575)

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“I love educating patients about ways they could maximize their health and wellness.”

About Gillian Ashman-Reid, MD

A self-described “excellent listener,” Dr. Gillian Ashman-Reid strives to create a “partnership” with patients to help them achieve their health goals. She is passionate about preventative and individualized care. “I love educating patients about ways they could maximize their health and wellness,” Dr. Ashman-Reid says. She finds joy in working with the senior population and listening to their stories. To stay up to date with advancements in the field, Dr. Ashman-Reid reads American Academic of Family Medicine journals.

In her free time, she enjoys cooking—particularly Japanese and Chinese cuisines—as well as spending time with her husband and two sons. Dr. Ashman-Reid also enjoys dancing and hopes to one day travel to Alaska.