



**Dedicated Senior  
Medical Center**  
A CHENMED COMPANY

**“I am honored to guide older adults in their health choices.”**

### **About Kendra Sheppard, MD, MSPH, CMD**

When she was younger, Dr. Kendra Sheppard’s grandparents gave her a picture of older adulthood that she valued and respected. This, along with her studies, led Dr. Sheppard to become board certified in geriatrics. “I am honored to guide older adults in their health choices,” she says. “I value their experience and want to help them enjoy this part of their lives fully.” To do this, Dr. Sheppard takes time to listen and go the extra mile to get her patients what they need.

In addition to patient care, Dr. Sheppard has also served as a medical director, assistant professor, and leader for many medical councils and committees. When she’s not working, Dr. Sheppard likes to spend time with her dog, read, and travel.

# **Kendra Sheppard, MD, MSPH, CMD**

**Center Medical Director**

## **LANGUAGES SPOKEN**

English

## **SPECIALTIES**

Primary Care

## **EDUCATION**

Meharry Medical College

University of Louisville

University of Alabama at Birmingham

Howard University

## **ASSOCIATIONS**

American Board of Internal Medicine

American College of Physicians

American Geriatrics Society

The Society for Post-Acute and Long-Term Care Medicine

## **MY CENTER(S)**

### **Graceland**

1056 East Raines Road,  
Memphis, TN, 38116

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