



**Dedicated Senior  
Medical Center**  
A CHENMED COMPANY

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#### **About Anisha Singh, MD**

Dr. Anisha Singh was first inspired to become a physician at age nine, after seeing burn victims in need of healing. Since gaining expertise in internal medicine, nutrition, and psychology, Dr. Singh has been dedicated to her patients’ physical, mental, emotional, spiritual, and social well-being. “My favorite part is educating patients,” she says. “I’ve seen how a little knowledge and simple changes can make a significant difference. I also enjoy being a loving presence in seniors’ lives.”

Away from the office, Dr. Singh spends time with her family; studies holistic nutrition and medicine; and teaches yoga, breathing exercises, and meditation. She also likes visiting beautiful places like the coastal village of Bakkhali in India.

# **Anisha Singh, MD**

**Regional Medical Director**

#### **LANGUAGES SPOKEN**

English

#### **SPECIALTIES**

Primary Care

#### **EDUCATION**

The Maharaja Sayajirao University of  
Baroda

UPMC Mercy

University of Santa Monica

Institute for Integrative Nutrition

#### **MY CENTER**

##### **West Atlantic Ave.**

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