



# Beatrice Deshommès, MD

## LANGUAGES SPOKEN

English

## SPECIALTIES

Primary Care

## EDUCATION

New York University School of Medicine  
University of Rochester School of  
Medicine

## ASSOCIATIONS

American College of Physicians

## MY CENTER

**“I got up this morning for you. I try to help patients understand what is happening to them and why so it’s less frightening and they can make the best decisions for their health.”**

### About Beatrice Deshommès, MD

It is not uncommon for Dr. Beatrice Deshommès to tell her patients, “I got up this morning for you.” She truly loves being a healer and educator. “I try to help patients understand what is happening to them and why,” she says, “so it’s less frightening and they can make the best decisions for their health. I especially enjoy helping seniors maintain a good quality of life. They are crucial contributors to families and our community.”

Outside the office, Dr. Deshommès likes to spend time with her husband, hiking, bike riding, playing piano, reading and experiencing other cultures. Her favorite trip was hiking in Nepal. “It was a wonderful time of peace and self-reflection while appreciating how much we are blessed,” she says.